

OFFICE OF PUBLIC INSTRUCTION

PO BOX 202501 HELENA MT 59620-2501 www.opi.mt.gov (406) 444-3095 (888) 231-9393 (406) 444-0169 (TTY) Linda McCulloch Superintendent

THINK FOOD

School Nutrition Programs
August 2005



GOT COMMODITIES?

LEFT OVER COMMODITIES

AVAILABLE:

Refried Beans - \$13.13 per case (205 cases available)
Raisins - \$15.17 per case (635 cases available)

BONUS COMMODITIES

AVAILABLE:

Walnuts - \$57.29 per case (23 cases available)

Carrots, Frz - \$10.80 per case (328 cases available)

Peaches, Frz - \$14.28 per case (116 cases available)

To order any of these commodities, fill out a commodity request form and fax it to OPI School Nutrition at (406) 444-2955. The deadline for ordering these items is **August 31**, **2005**.

NOTE:

Items that are not bonus items will be charged against your entitlement.

HOW TO FILE A COMPLAINT ABOUT COMMODITIES:

If there are concerns with the quality or safety of any commodity food, recipients may file a complaint. All complaints are to be sent to the Office of Public Instruction, School Nutrition Programs. You may call, e-mail, fax, or send your complaint via postal mail (contact info below).

Telephone: (406) 444-4415

E-mail: juwilson@mt.gov

• Fax: (406) 444-2955

 Regular mail: Office of Public Instruction, School Nutrition Programs, PO Box 202501, Helena, MT 59620-2501

You will need to provide a contract number (may be stenciled on the outer carton); description of the problem; date the product was received; and the quantity of product involved. If you are seeking a replacement, you should keep the product until you have been notified by School Nutrition Programs about how to dispose of/return the product.

DELIVERY POLICY FOR USDA DONATED FOODS



- Deliveries will be made from 7:00 a.m. to 5:00 p.m., Monday through Friday.
 There will be no deliveries during winter break (typically December 20th through January 2nd) or spring break.
- 2. All foods for a specific shipment will be delivered within 21 days of the date of the bill of lading. If not delivered within 21 days, contact School Nutrition Programs immediately.
- 3. Foods will be delivered to the address listed on the bill of lading. There will be only one delivery stop per shipment.
- 4. A school food authority may refuse one or more food items by notifying School Nutrition Programs prior to shipment. If one or more food items are refused at the time of delivery, a school food authority will be charged delivery and handling costs for food returned to Helena unless the school food authority can find another school on the same delivery route willing to accept the food.
- 5. Drivers will deliver the food items specified on the bill of lading. Discrepancies such as overages, shortages, or damages must be recorded on all three copies of the bill of lading and delivery

receipt. Either the truck driver or the person checking the foods in at the school may record the problem, but it **must** be recorded on all three copies of the bill of lading and delivery receipt. A signed copy of each of the documents will be left at the school.

- 6. A representative of the school food authority must sign the bill of lading. Once the bill of lading is signed, the school food authority is responsible for the food. The driver **must not** sign the bill of lading verifying delivery for the school food authority.
- 7. Hash or tally marks are not to be made on the bill of lading. Use a separate piece of paper for tallying.
- 8. School food authorities may refuse damaged items. Before refusing an item, check inside the case/baler because often times the damage will only be to one unit. Schools are encouraged to accept the full case/baler and salvage the remaining units. Record the damage and indicate acceptance or refusal on the bill of lading and delivery receipt.
- 9. School food authorities are to accept only the amounts and types of foods specified on the bill of lading. **Do not** accept any substitutions or overages.

Forms and other important information regarding Montana School Nutrition Programs can be found on the Web page www,opi.mt.gov.

REFRIED BEAN TACO DIP (COMMODITY RECIPE)

Layer a clear glass pan as follows:

- LAYER 1: commodity refried beans
- LAYER 2: sour cream, mayonnaise, & taco seasoning combined
- LAYER 3: commodity salsa
- LAYER 4: commodity grated cheese
- Optional: top with green onions and olives

Serve with tortilla chips.





TIPS FOR USING WHOLE WHEAT FLOUR

- Use wheat in recipes your students already like.
- Try wheat in desserts first. Who can turn down a cookie?
- Do not feel you must use only whole wheat flour.
 Use half white and half whole wheat.

How to substitute whole wheat in your favorite recipes:

Whole wheat is heavier than white flour and needs more leavening.

- In yeast breads, use more yeast and/or let it rise longer.
- In baking powder leavened products, increase baking powder by 1 tsp for every 3 cups whole wheat flour.
- Recipes using baking soda need not be adjusted.

In baked products using eggs, separate the eggs and beat whites until stiff. Then fold in just before baking. For extra lightness, an extra separated egg may be added. This is also good for waffles and cakes.